## SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

## SAULT STE. MARIE, ONTARIO



## **COURSE OUTLINE**

**COURSE TITLE:** RELATIONAL PRACTICE II

CODE NO.: BSCN 1207 SEMESTER: 2

**PROGRAM:** Collaborative BScN

**AUTHOR:** Nicky Kerr R.N. B.Sc.N. MN. in partnership with Course Professors

from Cambrian College, Laurentian University, Northern College and

St. Lawrence College

**DATE:** Jan. 2016 **PREVIOUS OUTLINE DATED:** 2015

**APPROVED:** "Marilyn King" Jan. 2016

CHAIR, HEALTH PROGRAMS DATE

**TOTAL CREDITS:** 3

PREREQUISITE(S): BSCN 1004, BSCN 1056, BSCN 1206

**COREQUISITE(S):** 

**HOURS/WEEK:** Cr 3 (lec/sem 3, sem 1)

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#### I. COURSE DESCRIPTION:

This course introduces therapeutic use of knowledge and skills in relation to others in the context of professional relationships. Opportunities are provided to develop beginning competencies in the establishment of respectful and safe engagement for client-centred care. Learners are required to integrate new and prior learning.

#### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

#### **Ends-in-view:**

This course builds upon learners' guided exploration of self in BSCN 1206 as a precursor to the development of therapeutic engagement with another. Specifically, this course extends the lens of self to include the learner's developing professional identity. Such identity is contextualized within interpersonal relationships with individuals who seek nursing services. This course provides opportunities for learners to understand, articulate, and apply concepts relevant to interpersonal therapeutic relationships. Learners will expand their nursing knowledge and praxis capacities relative to interpersonal relationships.

#### **Process:**

This course, through guidance and examination of evidence is experientially based. Student learning emerges through class and relational interactive classroom activities including group discussions, role playing and critique of scenarios. The learner is expected to be prepared for class and to actively engage in the ideas expressed in class. Attendance in GPA seminar is mandatory.

To facilitate learning, GPA training is scheduled for one full day (your class will be spit in 2 groups – you will attend one session). Practice for recording for assignment number two can be done in the apartment lab with equipment borrowed from the library or your own equipment during open lab hours and in the classroom weekly at the scheduled practice times. Respecting that recording may not initially be a comfortable learning style for some, it is important for students to remain in the learning groups assigned by the professor (ongoing feedback with familiar peers over time will help to facilitate student learning). Practicing outside of lab/classroom time is viewed as a success strategy and is highly recommended.

Students who successfully complete the GPA training provided in this class will obtain a certificate of completion for their professional portfolio. In addition, this course is supported by the College's Learning Management System (LMS).

# III. TOPICS:

Week of	Class: Monday Lectures	Required Readings Prior to Class		
	(for all student groups)	a de la companya de l		
1: Jan. 14	Getting started: Basics for a	CNO Practice Standards and the		
	building a therapeutic relationship	RNAO Best Practice Guidelines		
	Course Introduction	*bring these to your class		
	Responsible, Assertive, Caring	each week*		
	Communication			
	Being in Relation			
<b>2</b> : Jan.21	Communication and culture:	Chapter 1, 2, 3, 4, & 5 in Balzer Riley, *		
	Working with individuals and groups			
	from the client and nurse's			
3: Jan. 28	Puilding relationshing through	Chapter 7, 8, 9, 10, & 11 in Balzer Riley, *		
3. Jan. 20	Building relationships through communication: From the client	Chapter 7, 8, 9, 10, & 11 III Baizer Kney,		
	and nurse's perspective			
	and naise s perspective			
<b>4</b> : Feb. 4	(cont) Building relationships with	Chapter 12,13, 14, 15, & 16 in Balzer		
	<b>communication:</b> From the client	Riley, *		
	and nurse's perspective			
<b>5</b> : Feb. 11	<b>Building confidence with</b>	Chapter 17, 18, & 19 in Balzer Riley, *		
	communication	Chapter 20, 21, & 22 in Balzer Riley,*		
	SBAR and Electronic	Sault Area Hospital handouts,		
	Communication	Chapter 6 in Balzer Riley, *		
		6 4 4 4 (25 4 4 )		
Feb.11 Assignment #1 due by 12 noon <u>for all students</u> (35 points)				
<b>6</b> : Feb. 15-1	9 Study We	eek!		
<b>7</b> : Feb. 25	Relational dimensions: Conflict	Chapter 23, 24, & 25 in Balzer Riley,*		
		Chapter 26, 27, & 28 in Balzer Riley, *		
<b>8</b> : Mar. 3	<b>Relational dimensions:</b> Hope and	Chapter 29 in Balzer Riley, *, handouts		
	end-of-life			
	Professional communication:			
0.14.10	Groups			
<b>9</b> : Mar.10	Prep for Role Play (video			
	recording)			
<b>10</b> : Mar 17	Video recording – working on			
20.1.141 17	Assignment #2			
11: Mar. 24	In class stations – case studies			
<b>12</b> : Mar 31	In class stations – case studies	Assignment #2 due!!!		
<b>13</b> : Apr 7	Wrap Up, Evaluations			

Sequencing of topics/assignments subject to change based on teaching/learning needs.

## IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- Advanced Gerontological Education, Inc. (2010) Gentle persuasive approaches in dementia care: Responding to persons with challenging behaviors (2<sup>nd</sup> ed.).
- American Psychological Association. (2009). *Publication manual of the American psychological association* (6<sup>th</sup> ed.). Washington, DC: Author.
- Balzer Riley, J. (2012). Communication in nursing (7<sup>th</sup> ed.). St. Louis, MI: Mosby.
- College of Nurses of Ontario. (2009). *Culturally sensitive care*. Toronto, Canada: Author. Retrieved from http://www.cno.org/Global/docs/prac/41040 CulturallySens.pdf
- College of Nurses of Ontario. (2009). *Ethics*. Toronto, Canada: Author. Retrieved from http://www.cno.org/Global/docs/prac/41034\_Ethics.pdf
- College of Nurses of Ontario. (2009). *Professional standards: Revised 2002*. Toronto, Canada: Author. Retrieved from http://www.cno.org/Global/docs/prac/41006\_ProfStds.pdf
- College of Nurses of Ontario. (2009). *Therapeutic nurse-client relationship: Revised 2006*. Toronto, Canada: Author. Retrieved from http://www.cno.org/Global/docs/prac/41033\_Therapeutic.pdf
- Registered Nurses' Association of Ontario. (2002). *Client centered care*. Toronto, Canada: Author. Retrieved from http://www.rnao.org/Storage/15/932\_BPG\_CCCare\_Rev06.pdf (**Note:** pp. 12 24 only)
- Registered Nurses' Association of Ontario. (2002). *Establishing therapeutic relationships*. Toronto, Canada: Author. Retrieved from http://www.rnao.org/Storage/15/936\_BPG\_TR\_Rev06.pdf (**Note:** pp. 12 25 only)

You will be required throughout the course of the semester to obtain supportive articles from library databases, and bring those to class for our group discussion.

## **RECOMMENDED RESOURCES:**

Readings and learning resources from BSCN 1206, 1056 and 1004.

#### V. EVALUATION PROCESS/GRADING SYSTEM:

**Assignment # 1: Therapeutic Relationship Analysis Paper: 35%**For all students is due *February 11<sup>th</sup> @ 1200* in D2L dropbox **Supported by Gentle Persuasive Approach Curriculum** 

Assignment # 2: Formal Paper (structured reflection) with Video Recording Role Play: 65% Due March 31<sup>st</sup> at the beginning of class (hardcopy)

Part A: Recorded Scenario Role Play and Structured Reflection: 45%

Part B: Evaluation Tool: 20%

## Assignment guidelines:

- 1. Please refer to your BScN Student Manual for policies regarding assignments.
- 2. Any assignment extension requests must be made in writing to the professor and must include a new due date and time. Extension penalties for non-extenuating circumstances will be 10% per day including weekends and holidays.
- 3. Up to 25% may be deducted for APA errors and if professional norms are not followed. Assignments for BSCN 1207 may be written in first person and it is suggested that the College Writing Center be fully utilized if possible.
- 4. Assignments not handed directly to the professor and outside the designated date and time must be dated and signed by a Health Program staff or faculty member.
- 5. Punctual and regular class attendance is highly recommended as a success strategy in this course.
- 6. Students are encouraged to access Sault College Student Services, the College Writing Center, and /or the course professor for learning support.
- 7. Use the provided marking schemes on each assignment and general rubric to guide your work.

The following semester grades will be assigned to students:

Letter Grades	Grade Points	<b>Equivalent Percentages</b>	
<b>A</b> +	4.00	90-100	
A	3.90	85-89	
A-	3.70	80-84	
B+	3.30	77-79	
В	3.00	73-76	
B-	2.70	70-72	
C+	2.30	67-69	
С	2.00	63-66	
C-	1.70	60-62	
D+	1.30	57-59	
D	1.00	53-56	
D-	0.70	50-52	
G	Requirements Met Not included in GPA calculation		
NG	Requirements Not Met Not included in GPA calculation		
F	0.00	0-49	

CR (Credit)	Credit for diploma requirements has been	
	awarded.	
S	Satisfactory achievement in field placement	
	or non-graded subject areas.	
U	Unsatisfactory achievement in field	
	placement or non-graded subject areas.	
X	A temporary grade limited to situations with	
	extenuating circumstances giving a student	
	additional time to complete the requirements	
	for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course	
	without academic penalty	

If a faculty member determines that a student is at risk of not being successful in their academic pursuits and has exhausted all strategies available to faculty, student contact information may be confidentially provided to Student Services in an effort to offer even more assistance with options for success. Any student wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

#### VI. SPECIAL NOTES:

### Communication:

This course's LMS site, its features, and its contents are for the exclusive use of nursing students registered in this section of this course. The information contained herein is privileged and confidential. Any unauthorized use, dissemination, or copying is strictly prohibited.

## Minimal requirements for passing BSCN1207:

All NURSING courses require 60% for a passing grade

#### Midterm grades

Midterm grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

#### Electronic Devices in the Classroom

Students are asked to turn off their cell phones during class time and labs. For extenuating circumstances where a student needs to have continued phone contact, permission from the professor is required to have the phone set for vibrate. Students found talking or texting on their phone during class or labs will be asked to leave.

## Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

#### VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.